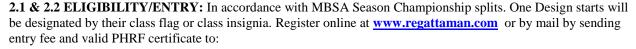
CONSTITUTION CUP Sailing Instructions

Saturday, July 16th, 2016

A Mass Bay Qualifying Race With Season Championship Points Multiplier

Two Races (if possible)

Sponsor: Boston Harbor PHRF and Cottage Park Yacht Club



Constitution Cup 76 Orlando Ave Cottage Park Yacht Club Winthrop, MA 02152

- 2.3 FEES: \$60. Mass Bay Sailing discount \$5.00, U.S. Sailing member discount \$5.00. Pay on line www.regattaman.com or make checks payable to Boston Harbor PHRF. Entries must be received by July 15th. On the water entries will be surcharged \$10.
- **2.4 HANDICAP SYSTEM:** PHRF Time on Time will be used.
- **3. RULES:** This event will be governed by the MBSA General Sailing Instructions except as changed by these Event Sailing Instructions, which will be posted on www.regattaman.com.

Boats are required to check-in before their first start of the day with boat name. number and number of souls on board. Boats in the racing area that are not starting a second or subsequent race must notify the Race Committee before leaving the racing area. Boats that withdraw from racing must advise the Race Committee as soon as reasonably possible.

- **4. NOTICES TO COMPETITORS:** Will be posted on the official notice board located at CPYC, on the Regatta Management Solutions website www.regattaman.com, and the CPYC website, www.cpyc.org.
- **5.3 CHANGES TO THE SAILING INSTRUCTIONS:** Will be posted at CPYC, on www.regattaman.com and www.regattaman.com
- **6.1 SIGNALS MADE ASHORE:** Signals made ashore will be displayed at CPYC and announced on VHF 72.
- 7.1 SCHEDULE OF RACES: Maximum of 2 races.
- **7.2 STARTING SIGNAL:** First warning signal 1100 hrs.
- **9. RACING AREA:** Rendezvous in the vicinity of MBSA Racing Mark "M", Boston Entrance Gong RW"NC" at 1030 hrs.
- 10.1 THE COURSE: Intended courses to be used are MBSA standard courses or MBSA List of Marks "A".
- 11.1 MARKS: Marks will be inflatable tetrahedrons and/or government marks (List A).
- 13. THE START: PHRF and J105 will start in accordance with RRS 26.
- **14.2 RECALLS:** The Race Committee will use VHF channel 72.
- 17.1 &17.2 TIME LIMIT: 3 hrs. after the actual starting time of each class. The finishing window shall be 30



minutes after the first boat in each class finishes.

- **19. PROTESTS:** Written protests must be filed on the appropriate form and filed within 24 hours by emailing to the Fleet Governor at www.regattacomittee@cpyc.org Details of the hearing will then be provided as soon as possible.
- **20. SCORING:** The low point system will be used.
- **24. PRIZES:** Prizes for top three places depending on the number of entries in each class will be presented at the CPYC Annual Awards Night to be held in conjunction with Mass Bay Sailing Awards dinner at CPYC on Friday, November 18, 2016

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Cottage Park Yacht Club supports the Clean Regattas initiative and encourages all participants to recycle. You can learn more at the Sailors for the Sea web site where you can sign up for their newsletter: Sailors for the Sea:

