



# 8<sup>TH</sup> ANNUAL LOBSTER BOWL REGATTA

September 18, 19 & 20, 2020

Etchells Fleet 27 and Portland Yacht Club  
Falmouth, Maine, USA



## SAILING INSTRUCTIONS

### 1. RULES

- 1.1. This regatta is governed by the rules as defined by *The Racing Rules of Sailing* (RRS).
  - 1.1.1. RRS Race Signals are changed as described in SI 4.2 and 4.3.
  - 1.1.2. RRS Appendix T (Arbitration) will apply, as described in SI 15.1.
  - 1.1.3. RRS 35, 63.1, A4 and A5 are changed as described in SI 13.3.
  - 1.1.4. RRS 64.1(c) and A2 are changed as described in SI 18.3.
  - 1.1.5. RRS 62.1 is changed as described in SI 13.1 and SI 19.2.
  - 1.1.6. RRS G3 (regarding rules for national letters or sail numbers on chartered boats) will apply.
- 1.2. US Sailing prescription Appendix V – Alternative Penalties will apply, as described in SI 14.1.
- 1.3. The Class Rules of the International Etchells Class Association (IECA) will apply.
  - 1.3.1. IECA Class Rule C.5.1 is modified as described in SI 17.1.
- 1.4. If there is a conflict between the Notice of Race and these Sailing Instructions, these Sailing Instructions take precedence.

### 2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the Official Notice Board located next to the waterfront porch of the Portland Yacht Club (PYC) clubhouse.
- 2.2. Any questions regarding these sailing instructions shall be submitted in writing to the Race Committee PRO. The questions and any answers will be posted to the official notice board as soon as possible.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions will be posted before 0900 hours on Saturday, September 19; or otherwise before 0900 hours on Sunday, September 20; except that any change to the schedule of races will be posted by 2030 hours on the day before it will take effect.

### 4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the yardarm of the flag pole on the PYC pier.

- 4.2. When flag AP is displayed ashore, “1 minute” is replaced with “not less than 60 minutes.” This changes RRS Race Signals.
- 4.3. When red flag with a blue letter ‘P’ is displayed ashore with one sound signal means 60 minutes before the end of the protest time limit. When lowered with one sound means “Protest time has ended.” This changes RRS Race Signals.

## 5. SCHEDULE OF RACES

- 5.1. **Friday**, September 18  
1800: Competitor briefing via Zoom (link will be emailed to registrants)
- 5.2. **Saturday**, September 19  
1100: First warning signal
- 5.3. **Sunday**, September 20  
1100: First warning signal  
1500: No warning signal after this time  
2030: Results will be posted to Regattaman
- 5.4. It is the intent of the Organizing Authority and the Race Committee to run as many races as practical on each day.
- 5.5. The Race Committee may deviate from the above schedule.
- 5.6. When more than one race will be held on the same day, the warning signal for each succeeding race will be made as soon as practical.

## 6. CLASS FLAG

- 6.1. The class flag will be the Etchells Class insignia on a contrasting background or Signal Flag E (Echo).

## 7. THE COURSES

- 7.1. The course to be sailed will be displayed on a board at the stern of the Signal Vessel no later than the warning signal. The approximate course heading and distance to the windward mark may be displayed on the board during the starting sequence.
- 7.2. Courses:
  - 7.2.1. **W<sub>x</sub>** = windward/leeward with ‘x’ representing the number of laps: 1 (upwind, finish downwind), 1.5 (upwind, downwind, finish upwind), 2 (upwind, downwind, upwind, finish downwind), or 2.5. The pin is the leeward mark.
  - 7.2.2. **WM<sub>x</sub>** = windward/leeward starting and finishing in the middle of the course, with ‘x’ representing the number of laps: 1 (upwind, downwind, finish upwind in middle of course) or 2 (upwind, downwind, upwind, downwind, finish upwind in middle of course).
- 7.3. All marks shall be rounded to port.

## **8. MARKS**

- 8.1. Marks will be orange inflatable cylinders, except the windward offset mark and starting pin, which will be yellow. If course 'W' is being used, the leeward mark will be the yellow starting pin.

## **9. CHECK IN**

- 9.1. Each boat shall check in with the Race Committee before the warning signal of the first race sailed by that boat each day by sailing by the stern of the Signal Vessel on starboard tack and hailing her *sail* number and number of persons on board. The Race Committee will acknowledge.

## **10. THE START**

- 10.1. Races will be started using RRS 26 with the warning signal made five (5) minutes before the starting signal.
- 10.2. The Starting Line will be between a staff displaying an orange flag on the Signal Vessel at the starboard end and the course side of the port-end starting mark.
- 10.3. The Race Committee will attempt to notify OCS boats by sail number over VHF Channel 69. Failure of equipment, failure to hear a hail, delay in hailing or the order in which hails are given will not be grounds for redress.

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

- 11.1. To change the next leg of the course, the Race Committee will shift existing marks (or move the finishing line) rather than dropping new marks.
- 11.2. If there is a change of course for an upwind leg, there will be no offset mark.

## **12. THE FINISH**

- 12.1. The finishing line will be between a staff displaying an orange flag on the Signal Vessel and the finishing mark.
- 12.2. After finishing a race, boats shall stay clear of the finish line.

## **13. TIME LIMITS AND TARGET TIMES**

- 13.1. The target time for races is 30 to 60 minutes. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).
- 13.2. The time limit for each race will be 90 minutes from the starting signal. If one boat finishes within the time limit, then the race will stand.
- 13.3. Boats still racing more than 30 minutes after the first boat to sail the course in accordance with RRS 28.1 finishes will be scored TLE (Time Limit Expired) without a hearing. A "TLE" score shall be two more points than the number of boats that have finished within the time limit. The RC will lower the blue "on station" flag with a long sound when the finishing window is closed. This changes rules 35, 63.1, A4 and A5.

13.4. If no boat has passed the first windward mark 30 minutes after the starting signal, the race shall be abandoned.

#### **14. PENALTY SYSTEM**

14.1. US Sailing prescription Appendix V – Alternative Penalties will apply.

#### **15. PROTESTS AND REQUESTS FOR REDRESS**

15.1. RRS Appendix T - Arbitration will be utilized.

15.2. Protest forms are available on the official notice board. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.

15.3. The protest time limit is 60 minutes after red flag with a blue letter ‘P’ is hoisted ashore as described in SI 4.3. The flag P will be hoisted as soon as practical as the boats return to the harbor at the discretion of the RC. The RC will post the end of the protest time limit on the official notice board at or before the hoisting of flag.

15.4. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

#### **16. SCORING**

16.1. The Low Point scoring system of RRS Appendix A will apply.

16.2. When five or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score. When 10 or more races have been completed, a boat’s series score will be the total of her race scores excluding her two worst scores.

#### **17. SAFETY**

17.1. All vessels shall carry a working VHF radio capable of operating on US channels 09, 13, 16, 21a, 68, 69, 71, and 72. This changes IECA class rule C.5.1 by making a working VHF radio mandatory.

17.2. A boat that retires from a race or does not intend to start a scheduled race shall notify the Race Committee as soon as possible via hailing or through VHF radio using channel 69 and receive Race Committee acknowledgement.

17.3. The Race Committee will not start a new race, and will abandon an active race, when sustained winds of 28 knots or greater are observed.

#### **18. COACH AND SUPPORT BOATS**

18.1. Support vessels shall register at the registration desk and display any identifying flags provided by the Organizing Authority.

18.2. Support vessels shall remain no less than 150 meters from the race course from the Preparatory signal until all boats have finished or retired or the race committee signals a postponement, general recall or abandonment.

- 18.3. Failure of a support vessel to register as required in SI 18.1, or a breach of SI 18.2 by may subject the boat(s) associated with the support vessel to protest. The penalty applied to the boat or boats associated with the support vessel shall be at the discretion of the protest committee and may not be excluded from their score. This modifies RRS 64.1(c) and A2.
- 18.4. Support vessels shall carry a working VHF radio tuned to the race committee VHF channel 69.
- 18.5. Support vessel drivers shall have valid third-party liability insurance or the equivalent and provide proof upon request by the RC/OA.
- 18.6. Coach and support boats shall, when requested by the Race Committee, tow or assist boats not associated with them.

## **19. RADIO COMMUNICATION**

- 19.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.
- 19.2. The RC will use VHF radio, Channel 69 to communicate to the fleet, including the location of the starting area, countdown to the start, OCS bow/sail numbers, General Recalls and Postponements. Failure to make these broadcasts or failure to include a bow#/sail# or failure to hear them shall not be grounds for granting redress. This changes rule 62.1.

## **20. PRIZES**

- 20.1. Prizes will be awarded for the following:
  - 20.1.1. Lobster Bowl Regatta: top three finishers overall
  - 20.1.2. Heritage Division: top finisher
- 20.2. Other trophies may be awarded at the discretion of the Organizing Authority.

## **21. DISCLAIMER OF LIABILITY**

- 21.1. Competitors participate in the regatta entirely at their own risk. It is the competitor's decision to enter the Championship or to start or continue in any race. See RRS 4.
- 21.2. The Organizing Authority is not responsible for the seaworthiness of a yacht whose entry is accepted or the sufficiency or adequacy of its equipment. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

## **22. INSURANCE**

- 22.1. All Yachts competing are required to carry current Third Party Property Liability Insurance with a minimum coverage of \$300,000 (USD).

## **23. CODE OF CONDUCT**

23.1. The Portland Yacht Club and its grounds are designated as a *No Smoking Facility*. All participants are required to adhere to this club policy. While on the grounds of the Yacht club smoking is permitted only in private vehicles. Failure to adhere to this rule may be grounds for disqualification from the regatta. [DP]

## **24. RACE OFFICIALS**

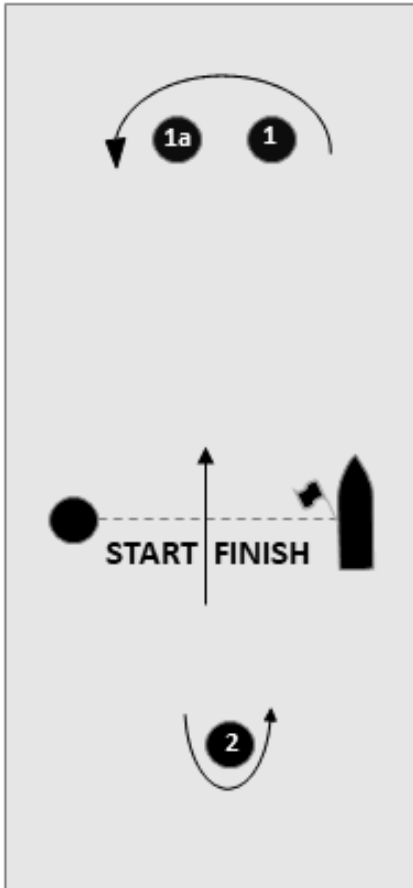
Principal Race Officer:

David White

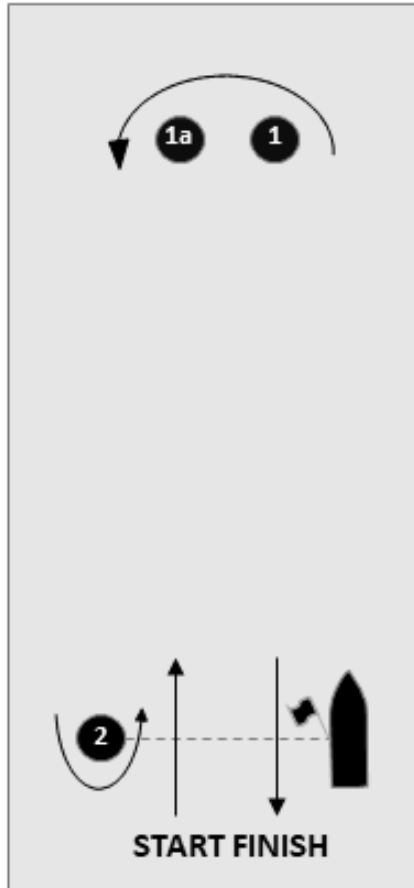
dave@whitesnauticalantiques.com

## ATTACHMENT A: Courses

### **WM1 and WM2**



### **W1 and W2**



### **W1.5 and W2.5**



## COURSES

**WM1: Start, 1, 1a, 2, Finish upwind**

**WM2: Start, 1, 1a, 2, 1, 1a, 2, Finish upwind**

**W1: Start, 1, 1a, Finish downwind**

**W2: Start, 1, 1a, 2, 1, 1a, Finish downwind**

**W1.5: Start, 1, 1a, 2, Finish upwind**

**W2.5: Start, 1, 1a, 2, 1, 1a, 2, Finish upwind**

*Courses and marks are not to scale*