



WOMEN ON THE WATER/WOMAN AT THE HELM REGATTA

Saturday and Sunday, August 24 - 25, 2019
Marina del Rey, California USA

SAILING INSTRUCTIONS

GENERAL INFORMATION

The Organizing Authority (OA) is the Women's Sailing Association of Santa Monica Bay in conjunction with the Association of Santa Monica Bay Yacht Clubs (ASMBYC). | Web: wsasmb.org

Regatta co-hosts: ASMBYC and these member clubs: South Bay Yacht Racing Club, Pacific Mariners Yacht Club, Santa Monica Windjammers Yacht Club, Del Rey Yacht Club, California Yacht Club, and the Women's Sailing Association of Santa Monica Bay.

Regatta Chair: Stacy Sinclair | Email: ssinclair3@aol.com

The notation '[DP]' in a rule in the Sailing Instructions (SI) means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.

1. RULES

- 1.1 This regatta will be governed by the rules as defined in the *Racing Rules of Sailing* (RRS).
- 1.2 PHRF of Southern California (PHRF SoCal) [Class Rules](#) will be in effect for handicap boats.

2. NOTICES TO COMPETITORS

Notices to competitors will be posted on the [WOW/VAH](#) webpage (Official Notice Board).

3. CHANGES TO THE SAILING INSTRUCTIONS

Any change to the Sailing Instructions (SI) will be posted by 0930 on the day it takes effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the California Yacht Club (CYC) flagpole on the front lawn.
- 4.2 When the Answering Pennant (AP) is displayed ashore, "1 minute" is replaced with "not less than sixty (60) minutes" in the RRS Race Signals.

5. SCHEDULE OF RACES

- 5.1 Five (5) races are scheduled for WOW and VAH Performance: three (3) on Saturday and two (2) on Sunday. Three (3) races are scheduled for VAH Cruising: two (2) on Saturday and one (1) on Sunday. The Race Committee (RC), at its discretion, may run fewer races.
- 5.2 The scheduled time of the first warning signal each day is 1200. Subsequent races will start as soon as practicable.
- 5.3 Code Flag A displayed, with no sound, while boats are finishing means "No more racing today". When displayed with a class flag(s), it applies only to that class(es).

6. CLASSES / CLASS FLAGS / ORDER OF STARTS

Classes and class flags with the order of starts for the first race will be posted on the Official Notice Board no later than 1900 on Friday, August 23, and a courtesy copy will be posted at Del Rey Yacht Club. The order of starts may change following the first race.

7. RACING AREA

The racing area will be on Santa Monica Bay. The starting area will be located approximately one (1) nautical mile west of the Marina del Rey breakwater.

8. MARKS

Marks are described in Attachment A for WOW and VAH Performance, and in Attachment B for VAH Cruising.

9. COURSES

Courses are described in Attachment A for WOW and WAH Performance, and in Attachment B for WAH Cruising.

10. THE START

- 10.1 Each class will have its own starting sequence with one (1) minute between sequences unless otherwise hailed by the RC. (See SI 17)
- 10.2 The starting line will be between the course side of Mark SP and the staff displaying an orange and white checkered flag on the port side of the RC signal boat. (See Attachments A and B)
- 10.3 A boat that starts more than five (5) minutes after her starting signal shall be scored DNS without a hearing. This change is added to RRS 63.1 and A5.
- 10.4 Boats that are subject to RRS 29.1, Individual Recall, at their starting signal may be hailed by sail number on VHF channel 68 as provided in SI 17.
- 10.5 Competitors should be aware that other classes may be finishing while they are starting.

11. CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the RC will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced with the original mark.

12. THE FINISH

- 12.1 The finishing line will be between the staff displaying an orange and white checkered flag on the starboard side of the RC signal boat and Mark F. (See Attachments A and B)
- 12.2 The blue flag or shape will not be used at the finishing line. This changes RRS Race Signals.
- 12.3 Competitors should be aware that other classes may be starting while they are finishing, and that RRS 24.1 prohibits boats that have finished from interfering with boats that are racing.

13. PENALTY SYSTEM

US Sailing Prescription Appendix V, Section V1, Penalty at the Time of an Incident, will apply.

14. PROTESTS AND REQUESTS FOR REDRESS

- 14.1 Protests shall be filed with the Chief Judge at Pacific Mariners Yacht Club on Saturday and Santa Monica Windjammers Yacht Club on Sunday no later than sixty (60) minutes after the RC signal boat docks (Protest Time Limit), which time will be posted on the Official Notice Board. Protest forms will be available from the Chief Judge.
- 14.2 RRS 62.2 (Redress) is modified as follows:
 - (a) The second sentence of RRS 62.2 is deleted and replaced with: "If the request is based on an incident in the racing area, it shall be delivered to the Chief Judge within the Protest Time Limit."
 - (b) No later than fifteen (15) minutes after the RC signal boat docks, a notice of boats scored per RRS A5 will be posted on the Official Notice Board. The deadline for a request for redress based on these scores will be the Protest Time Limit.
 - (c) A request for redress based on a Protest Committee decision shall be delivered no later than thirty (30) minutes after the decision was posted.
- 14.3 US Sailing Prescriptions to RRS 63.2 and 63.4 will not apply.
- 14.4 No later than fifteen (15) minutes after the Protest Time Limit, a notice of filed protests and requests for redress will be posted on the Official Notice Board. This will constitute notice to all parties to a hearing under RRS 63.2.
- 14.5 Protests and requests for redress will be heard as soon as possible at Pacific Mariners Yacht Club on Saturday and Santa Monica Windjammers Yacht Club on Sunday, in the approximate order of receipt.

15. SCORING

- 15.1 A boat's series score will be the total of her race scores.
- 15.2 One (1) race must be completed to constitute a regatta.
- 15.3 Scoring will be time-on-distance using PHRF SoCal Area B W/L Ratings. Non-spinnaker offsets are authorized for use in the Cruising Division only. If a Capri 22 class is established, headsail offsets will be applied per NoR 3.4 (a).

16. SAFETY REGULATIONS

A boat that retires from a race prior to finishing or does not intend to start a scheduled race shall notify the RC either before leaving the course area or as soon as possible after arriving ashore. [DP]

17. RADIO COMMUNICATION

The RC may use VHF channel 68 to broadcast information such as location of the RC signal boat, notification of upcoming starting sequences, the class starting, the approximate distance and compass bearing to the first mark, the course to be sailed and as provided under SI 10.4. Failure of the RC to broadcast, mistaken broadcasts, failure of a competitor to receive this information, and timeliness or order of broadcasts for Individual Recalls shall not be considered grounds for granting redress. This change is added to RRS 62.1(a).

18. PRIZES

- 18.1 The Robert S. Wilson Perpetual Trophy will be awarded to the winner of the WOW division.

- 18.2 The WSA Perpetual Trophy for Woman at the Helm will be awarded to the winner of the largest WAH class (Performance or Cruising) provided that the skipper has not won this award previously.
- 18.3 The Cheryl Rembert Perpetual Trophy will be awarded to the Martin 242 with the best performance in the WOW division.
- 18.4 Take home trophies will be awarded after racing based on the number of entries received.
- 18.5 A trophy will be awarded to the highest placing all female crew in the WAH Cruising division.
- 18.6 A trophy will be awarded to the yacht club or sailing association with the most boats participating.

19. DISCLAIMER OF LIABILITY

Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. By participating in this regatta, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this regatta) from any and all liability associated with such competitor's participation in this regatta to the fullest extent permitted by law.



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ATTACHMENT A: WOW and WAH Performance Divisions

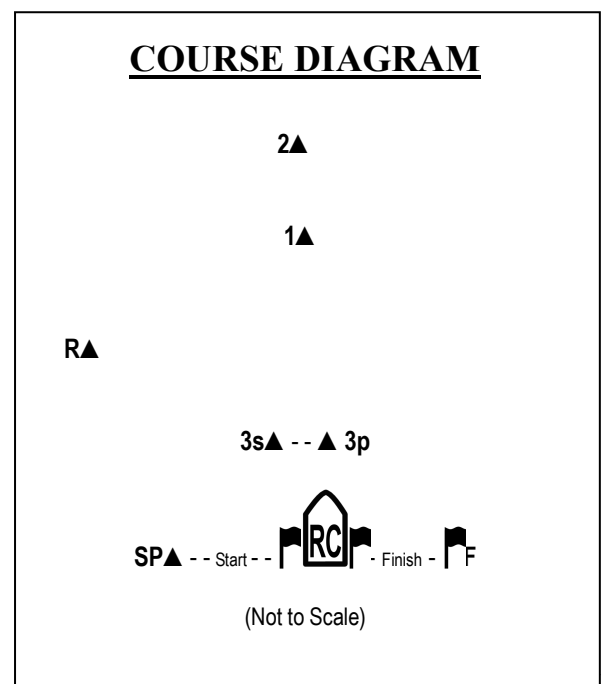
SI 8. MARKS (continued)

- 8.1 Marks 1 and 2 will be either yellow or orange inflatable shapes whose color shall be signaled per SI 8.2. Marks 2 and R may or may not be in the water, depending on the course(s) to be sailed.
- 8.2 The color of Marks 1 and 2 will be indicated by either an orange or yellow pennant displayed with the course numeral pennant.
- 8.3 New windward marks, as provided in SI 11, will be the alternate color to the one signaled at the start.
- 8.4 Marks 3s/3p will be yellow inflatable shapes.
- 8.5 Mark SP will be an orange inflatable shape.
- 8.6 Mark F will be the staff of a buoy displaying an orange and white checkered flag.
- 8.7 Mark R, if used, will be an orange inflatable shape.

SI 9. COURSES (continued)

- 9.1 Marks 1 and 2, and R (if used), shall be rounded to port.
- 9.2 Mark 3s/3p is a gate. In the event only one leeward mark is on station, that mark shall be rounded to port.
- 9.3 The starting line will be approx. 0.1 nautical miles to leeward of Mark 3s/3p.
- 9.4 No later than the warning signal for each class, the RC signal boat will display the approximate magnetic bearing and distance from Mark 3s/3p to the first weather mark with numeral placards.
- 9.5 No later than the warning signal for each class, the RC signal boat will announce the handicap distance for the posted course on VHF channel 68.
- 9.6 No later than the warning signal for each class, the RC signal boat will signal the course with numeral pennants as shown below:

Numeral Pennant	Courses
Windward / Leeward	
1	Start – 1 – 3s/3p – 1 – Finish
2	Start – 1 – 3s/3p – 1 – 3s/3p – 1 – Finish
3	Start – 2 – 3s/3p – 2 – Finish
4	Start – 2 – 3s/3p – 2 – 3s/3p – 2 – Finish
5	Start – 2 – 3s/3p – 1 – Finish
Windward / Leeward with Reaching Legs	
6	Start – 1 – R – Finish
7	Start – 1 – R – 3s/3p – 1 – Finish
8	Start – 1 – R – 3s/3p – 1 – R – Finish





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ATTACHMENT B: Cruising Division

SI 8. MARKS (continued)

- 8.1 Mark SP (the pin-end of the starting line) will be an orange inflatable shape located approximately 1.0 nm, bearing 270°M from the north entrance to MdR.
Mark 2ES is a red navigation buoy whose location is given in Marina del Rey Course Chart 17 (CC17), attached.
MdR marks AA, DD, A, B, E, V, S, J, and SS are yellow spar buoys of varying height and diameter whose locations are given in CC17.
- 8.2 Any missing marks may be replaced by an inflatable mark.

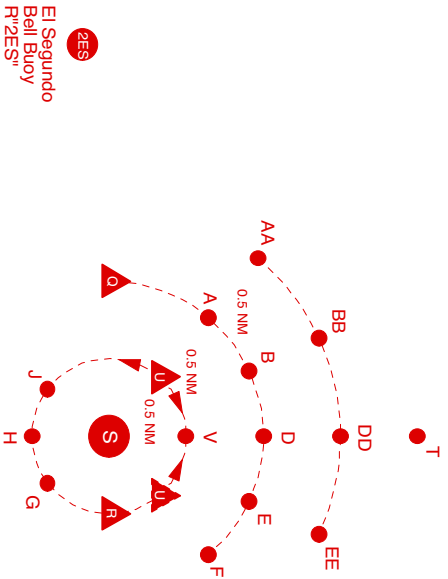
SI 9. COURSES (continued)

- 9.1 Marks shall be rounded to port unless '(s)' appears after the mark name, which indicates that it shall be rounded to starboard.
- 9.2 No later than the warning signal for each class, the RC signal boat will use letter pennants to signal one of the courses shown below:

Letter	Courses	Handicap Distance
D	Start – S(s) – B – A – V(s) – Finish	TBD
E	Start – S(s) – B – J – V(s) – Finish	TBD
F	Start – S(s) – E – A – J – V(s) – Finish	TBD
G	Start – S(s) – E – DD – AA – J – V(s) – Finish	TBD
H	Start – S(s) – E – AA – 2ES – SS – V(s) – Finish	TBD

Marina del Rey Course Chart 17

Date: 1/28/16
File name: Course Chart 17.0.vwx



Course Instructions

Start and finish in the vicinity of **S** mark.

Leave all rounding marks to **PORT**.

WW, **W**, and **U** are weather marks.

L and **S** are leeward marks.

Courses will be signaled by code flags or number placards:

Number pennant(s) or placards for the course number:

A letter flag or placard for the **DIRECTION** to the first mark (see compass bearing table on other side).



Venice Pier

Santa Monica Pier

Magnetic North

Mark Identification Table

If letter flag is:	D	A	B	E	F	Q	G	H	J	R
then WW is	DD	AA	BB	EE	-	-	-	-	-	-
W is	D	A	B	E	F	Q	G	H	J	R
U is	V	midway between S and W if set								
L is	H	G	G	J	J	R	B	D	E	Q

Upwind Finishes

No	Course	Distance
1	Start-U-L-Finish	2NM
2	Start-U-S-U-L-Finish	3NM
3	Start-U-S-U-L-Finish	4NM
4	Start-W-L-Finish	3NM
5	Start-W-S-U-L-Finish	4NM
6	Start-W-S-W-L-Finish	5NM
7	Start-W-S-U-S-U-L-Finish	5NM
8	Start-W-L-W-L-Finish	6NM
9	Start-W-S-W-S-U-L-Finish	6NM
10	Start-W-S-W-S-W-L-Finish	7NM
11	Start-W-S-W-L-W-L-Finish	8NM
12	Start-WW-S-W-L-Finish	6NM
13	Start-WW-S-WW-L-Finish	7NM
14	Start-WW-L-WW-L-Finish	8NM
15	Start-WW-S-W-S-W-L-Finish	8NM

Downwind Finishes

No	Course	Distance
20	Start-U-Finish	1NM
21	Start-U-S-U-Finish	2NM
22	Start-U-S-U-S-U-Finish	3NM
23	Start-W-Finish	2NM
24	Start-W-S-U-Finish	3NM
25	Start-W-S-W-Finish	4NM
26	Start-W-S-U-S-U-Finish	4NM
27	Start-W-L-W-Finish	5NM
28	Start-W-S-U-S-W-Finish	5NM
29	Start-W-S-W-S-W-Finish	6NM
30	Start-W-S-W-L-W-Finish	7NM
31	Start-W-L-W-L-W-Finish	8NM
32	Start-WW-S-W-Finish	5NM
33	Start-WW-S-WW-Finish	6NM
34	Start-WW-L-W-Finish	6NM
35	Start-WW-S-W-S-W-Finish	7NM
36	Start-WW-S-WW-S-W-Finish	8NM

Special Courses

40+ See Sailing Instructions

Marina del Rey Course Chart 17

Date: 1/28/16
File name: Course Chart 17.0.vwx

TO ——— Approximate magnetic course between marks ———>

	A	AA	B	BB	V	D	DD	E	EE	F	G	H	J	Q	R	S	T	V	SS	ZES	SMT1
S	185	185	210	210	235	235	260	260	285	018	055	092	145	325	-	235	235	055	138	331	
A	-	185	288	245	300	277	313	298	325	009	021	031	075	352	005	264	336	030	119	339	
AA	005	-	330	288	323	300	327	313	335	008	017	023	046	355	005	283	347	025	107	342	
B	108	150	-	210	312	270	325	302	337	026	038	050	088	009	030	256	009	042	117	344	
BB	065	108	030	-	355	312	348	325	352	027	036	044	070	015	030	280	019	040	107	349	
D	120	143	132	175	-	235	338	295	350	043	055	067	100	028	055	235	055	055	119	348	
DD	097	120	090	132	055	-	020	338	013	046	055	064	089	037	055	235	055	055	112	355	
E	133	147	145	168	158	200	-	260	002	060	072	084	113	050	080	214	101	068	124	349	
EE	118	133	122	145	115	158	080	-	045	066	074	083	105	061	080	190	092	070	118	359	
F	145	155	157	172	170	193	182	225	-	079	089	101	125	077	105	206	135	080	129	347	
G	189	188	206	207	223	226	240	246	259	-	127	145	162	262	198	228	217	082	146	323	
H	201	197	218	216	235	235	252	254	269	307	-	163	172	280	235	235	235	055	148	321	
J	211	203	230	224	247	244	264	263	281	325	343	-	175	298	272	242	254	028	146	324	
Q	255	226	268	250	280	269	293	285	305	342	352	355	-	325	325	262	299	010	133	329	
R	172	175	189	195	208	217	230	241	257	082	100	118	145	-	145	221	190	082	139	332	
T	084	103	076	100	055	055	034	010	026	048	055	062	082	041	055	-	055	055	105	002	
V	156	167	189	199	235	235	281	272	315	037	055	074	119	010	055	235	-	055	128	340	
SS	210	205	222	220	235	235	248	250	260	262	235	208	190	262	235	235	235	-	158	312	
ZES	299	287	297	287	299	292	304	298	309	326	328	326	313	319	318	285	308	338	-	324	
SMT1	159	162	164	169	168	175	169	179	167	143	141	144	149	152	151	182	160	132	144	-	

Mark Locations

Mark	Latitude	Longitude
A	33° 56.243' N	118° 29.606' W
AA	33° 55.770' N	118° 29.799' W
B	33° 56.467' N	118° 30.050' W
BB	33° 56.107' N	118° 30.466' W
D	33° 56.827' N	118° 30.337' W
DD	33° 56.647' N	118° 30.899' W
E	33° 57.254' N	118° 30.417' W
EE	33° 57.288' N	118° 31.017' W
F	33° 57.669' N	118° 30.270' W
G	33° 57.611' N	118° 28.898' W
H	33° 57.367' N	118° 28.655' W
J	33° 57.051' N	118° 28.637' W
Q	33° 56.257' N	118° 28.779' W
R	33° 57.652' N	118° 29.434' W
S	33° 57.187' N	118° 29.216' W
T	33° 56.464' N	118° 31.459' W
V	33° 57.007' N	118° 29.777' W
SS	33° 57.547' N	118° 28.093' W
ZES	33° 54.698' N	118° 27.563' W
SMT1	34° 00.176' N	118° 30.226' W

Please note: These are the designated locations for the marks; every effort is made to keep them as close as possible to the above coordinates, but there is no guarantee as to their actual positions.
Marks listed above with the exception of ZES are owned and maintained by the Yacht Clubs in MdR and may only be used with prior approval from the Buoy Coordinator.

Description of Marks

A, AA, B, BB, V, D, DD, T, E, EE, F, G, H, J and SS marks are yellow spars.
Q, R, U, and SMT1 are inflatable or flag marks that may be set by the race committee.
ZES is the El Segundo bell buoy.
Missing marks may be replaced by inflatable or flag marks.

Handicap Distances

The handicap distance from S to:
U, V, R, G, H, or J = 0.5 NM
A, B, D, E, F, Q or SS = 1.0 NM
AA, BB, DD or EE = 1.5 NM
T = 2.0 NM