

## COACH'S INFORMATION

### For 2024 Maine State C420 Championship

Dates	July 30-31, 2024 (July 29 arrival begins)
Location	Kollegewidgwok Sailing Education Association (KSEA) at Kollegewidgwok Yacht Club (KYC) 44 KYC Lane Blue Hill, ME 04614
Directions	After turning onto KYC Lane, proceed slowly as there is a <b>BIG</b> bump in the road where the pavement meets the gravel. Stay right at the "Y" to continue going down the hill to KYC.  Motorboats will launch from the boat ramp at the bottom of the hill.  Sailboat trailers, turn right toward KSEA to be dropped off at the KSEA shed rigging area.
Coach (& Support/ Spectator) Boat Launching	Coach and support boats can be launched at the KYC boat ramp at the following times: - <b>Monday, 7/29, 1530-1800</b> (if you are arriving after 1800, please call 617-680-4070 to confirm where your boat can be stored) - <b>Tuesday, 7/30, 0630-0800</b> (use one of the boat ramps below after 0800) - <b>Wednesday, 7/31, until 0800</b> (use one of the boat ramps below after 0800)  Additional boat ramps: -Town of Blue Hill Public Landing behind the fire department on Water Street. Accessible 2.5 (harbor master says probably even 3) hours before/after high tide. -South Blue Hill, off of Route 175. Inaccessible at low tide. -Harbor Master - Nick Niehoff - 207-266-1857  Coach and other support boats will be directed to KYC/KSEA-approved moorings and float space on a first come first served basis.  Boats should not be stored on the KSEA docks as regular morning classes will be in session during the regatta, nor on the KYC fuel dock unless actively taking on fuel.  Trailers may be parked off-site on the field of a private residence located at 244 East Blue Hill Road Blue Hill, ME 04614 This is approximately an 8-10 minute walk from the KYC clubhouse.  In the case of prolonged foul weather that renders the field unsuitable for trailer parking, we will announce an alternate trailer parking site.
420 Boat Prep and Launching	Rig boats at the 420 storage area at the KSEA shed before wheeling them down to the boat ramp.  Dollies will be brought back to marked dolly areas near the boat ramp by volunteers. To avoid confusion, please be sure your dollies, boat parts and gear are labeled.  Sailors must verbally check-out with the designated KSEA volunteer at the boat ramp before launching and verbally check-in upon return. This is in addition to checking in/out with Race Committee on the water.
Coach Boat Required	Each coach boat is required to have the following equipment aboard: 1. All Coast Guard required equipment for the size boat

Equipment	<ol style="list-style-type: none"> <li>2. A first aid kit</li> <li>3. At least one VHF radio (intended: Champ fl. &amp; emergency channel 72; Green fl. channel 68; KYC dock channel 9)</li> <li>4. A grease pencil</li> <li>5. A cell phone</li> <li>6. Coach flag (we will provide)</li> </ol>
Coach Registration	All coaches are required to register upon arrival and provide their cell phone number to KSEA.
Coaching	<p>No coaching will be permitted during the races for any participants. Coach boats will be permitted to follow the races <b>provided that they do not interfere with the racing</b>. If this restriction is not complied with, by any coach, either that coach or all coaches, at the discretion of the Race Committee, will be requested to stay in a designated coach area. KSEA recognizes that this regatta is both a competition and a learning experience, and therefore asks that the coaches help self-patrol this restriction so that the sailors can get the best coaching possible without interference with the racing.</p> <p>Green fleet coaches, please monitor the radio and be ready to assist with moving marks as requested by RC.</p>
Flags	Coach boats will be required to display coach boat flags which will be provided. If your team does not return its flag, your program will be charged \$20 for the replacement.
Breakfast	Light breakfast provisions will be available at KYC for race participants, coaches and KSEA/KYC support personnel.
Lunches	<p>Lunch provisions will be provided to all race participants and registered coaches. Lunches may be picked up near the KYC clubhouse.</p> <p>Lunch for additional people on coach boats is NOT provided. Please advise them to bring their own provisions. Places like The Blue Hill Coop have a wide selection of ready-to-go options. Please refer to our "Places to Eat Around Blue Hill" document on the regatta website for other names and numbers.</p>
Dinner	<p>Tuesday, 7/30: dinner (hamburgers, hot dogs, veggie burgers, veggie lasagna, salad, desserts) will be provided for race participants, coaches and KSEA/KYC support personnel, at approximately 5:30 pm (depends on conclusion of racing).</p> <p>Wednesday, 7/31: a Race Tea of refreshments and snacks will be provided after racing for race participants, coaches and KSEA/KYC support personnel.</p>
Hauling	<p>Please follow the instructions of the KSEA/KYC volunteer personnel when bringing trailers onto the property to load boats.</p> <p>Coach and other support boats may be hauled after the KYC boat ramp area is clear of sailors. (Low tide is at 1419/high tide at 2033.)</p>
Awards	After all protests, if any, are concluded and scores have been tabulated, the trophies will be presented.